

LUNDI **MARDI** **MERCREDI** **JEUDI** **VENDREDI** **SAMEDI** **DIMANCHE**

<p>6h00 (55') LES MILLS BODYBALANCE</p> <p>7h15 (50') LES MILLS RPM</p> <p>8h30 (30') LES MILLS BODYCOMBAT</p> <p>[. LIVE]</p> <p>9h30 YAKHA Santé</p> <p>10h15 YAKHA Zen</p> <p>11h15 (30') LES MILLS BODYCOMBAT</p> <p>11h50 (30') LES MILLS BODYPUMP</p> <p>12h30 YAKHA Burn</p> <p>14h00 (55') LES MILLS BODYBALANCE</p> <p>15h30 (50') LES MILLS RPM</p> <p>16h45 (30') LES MILLS BODYCOMBAT</p> <p>[. LIVE]</p> <p>18h00 A.F.C</p> <p>18h45 T.B.C</p> <p>19h40 (55') LES MILLS BODYBALANCE</p> <p>20h45 (30') LES MILLS BODYCOMBAT</p> <p>21h30 (30') LES MILLS RPM</p> <p>22h30 (30') LES MILLS BODYPUMP</p>	<p>6h00 (50') LES MILLS RPM</p> <p>7h15 (55') LES MILLS BODYPUMP</p> <p>8h30 (55') LES MILLS BODYBALANCE</p> <p>[. LIVE]</p> <p>9h30 A.F.C</p> <p>10h15 STEP Initiation</p> <p>11h30 (30') LES MILLS RPM</p> <p>12h30 YAKHA Pump</p> <p>14h00 (55') LES MILLS BODYCOMBAT</p> <p>15h15 (55') LES MILLS BODYBALANCE</p> <p>17h00 (50') LES MILLS RPM</p> <p>18h30 YAKHA HIT</p> <p>19h15 YAKHA HIT</p> <p>20h30 (30') LES MILLS RPM</p> <p>21h15 (30') LES MILLS BODYCOMBAT</p> <p>22h00 (55') LES MILLS BODYBALANCE</p> <p>23h15 (30') LES MILLS BODYPUMP</p>	<p>6h00 (55') LES MILLS BODYCOMBAT</p> <p>7h15 (55') LES MILLS BODYBALANCE</p> <p>8h30 (30') LES MILLS BODYPUMP</p> <p>[. LIVE]</p> <p>9h30 YAKHA ZEN</p> <p>10h15 YAKHA Santé</p> <p>11h15 (30') LES MILLS BODYCOMBAT</p> <p>12h30 A.F.C</p> <p>14h00 (55') LES MILLS BODYBALANCE</p> <p>15h30 (55') LES MILLS BODYPUMP</p> <p>16h45 (30') LES MILLS RPM</p> <p>18h00 YAKHA Burn</p> <p>18h45 YAKHA Pump</p> <p>19h40 (30') LES MILLS BODYPUMP</p> <p>20h15 (30') LES MILLS BODYCOMBAT</p> <p>21h00 (55') LES MILLS BODYBALANCE</p> <p>22h30 (30') LES MILLS BODYPUMP</p>	<p>6h00 (55') LES MILLS BODYPUMP</p> <p>7h30 (55') LES MILLS BODYCOMBAT</p> <p>[. LIVE]</p> <p>9h30 FIT BALL</p> <p>10h15 Spécial DOS</p> <p>11h15 (55') LES MILLS BODYBALANCE</p> <p>12h30 (30') LES MILLS BODYPUMP</p> <p>13h30 (55') LES MILLS BODYCOMBAT</p> <p>14h45 (30') LES MILLS RPM</p> <p>15h30 (30') LES MILLS BODYPUMP</p> <p>16h15 (55') LES MILLS BODYCOMBAT</p> <p>[. LIVE]</p> <p>18h00 Spécial Abdos</p> <p>18h45 Total Body</p> <p>19h30 Stretching</p> <p>20h45 (30') LES MILLS BODYCOMBAT</p> <p>21h30 (30') LES MILLS RPM</p> <p>22h15 (30') LES MILLS BODYPUMP</p>	<p>6h00 (55') LES MILLS BODYBALANCE</p> <p>8h00 (50') LES MILLS RPM</p> <p>[. LIVE]</p> <p>9h30 YAKHA Renfo</p> <p>10h15 YAKHA ZEN</p> <p>11h15 (30') LES MILLS BODYCOMBAT</p> <p>12h30 YAKHA Attack</p> <p>13h30 (30') LES MILLS RPM</p> <p>14h30 (30') LES MILLS BODYCOMBAT</p> <p>15h30 (30') LES MILLS BODYPUMP</p> <p>16h30 (55') LES MILLS BODYBALANCE</p> <p>17h45(55') LES MILLS BODYCOMBAT</p> <p>19h00 (30') LES MILLS BODYPUMP</p> <p>20h00 (30') LES MILLS RPM</p> <p>21h00 (30') LES MILLS BODYCOMBAT</p> <p>22h00 (30') LES MILLS BODYPUMP</p>	<p>6h00 (55') LES MILLS BODYBALANCE</p> <p>7h15 (55') LES MILLS BODYPUMP</p> <p>8h30 (30') LES MILLS RPM</p> <p>10h00 (30') LES MILLS BODYCOMBAT</p> <p>11h00 (55') LES MILLS BODYBALANCE</p> <p>12h15 (30') LES MILLS BODYCOMBAT</p> <p>13h00 (30') LES MILLS BODYPUMP</p> <p>14h00 (50') LES MILLS RPM</p> <p>15h15 (55') LES MILLS BODYBALANCE</p> <p>17h00 (55') LES MILLS BODYCOMBAT</p> <p>18h15 (55') LES MILLS BODYPUMP</p> <p>19h30 (30') LES MILLS RPM</p> <p>20h30 (30') LES MILLS BODYCOMBAT</p> <p>21h30 (55') LES MILLS BODYBALANCE</p> <p>23h00 (30') LES MILLS BODYPUMP</p>	<p>6h00 (55') LES MILLS BODYBALANCE</p> <p>8h00 (50') LES MILLS RPM</p> <p>10h00 (55') LES MILLS BODYCOMBAT</p> <p>12h00 (55') LES MILLS BODYPUMP</p> <p>13h30 (55') LES MILLS BODYBALANCE</p> <p>15h00 (30') LES MILLS RPM</p> <p>16h00 (30') LES MILLS BODYCOMBAT</p> <p>17h00 (30') LES MILLS BODYPUMP</p> <p>18h00 (55') LES MILLS BODYBALANCE</p> <p>19h15 (50') LES MILLS RPM</p> <p>20h30 (55') LES MILLS BODYCOMBAT</p> <p>21h45 (55') LES MILLS BODYPUMP</p>	<p>Permanence Accueil</p> <p>Lundi au vendredi 10h-13h 16h-20h</p> <p>Site : www.yakhasport.com Application : Yakha Sport Apt</p> <p>Ouvert 7j/7 24h/24</p>
---	--	--	--	---	--	---	---